Moving Checklist

An 8-week countdown. Tick each task and the move takes care of itself.

Moving day _____ New address _____

8 weeks before

- [ ] Set the moving date
- [ ] Start a moving folder for receipts
- [ ] Set a moving budget
- [ ] Get 3 quotes from movers
- [ ] Research the new area (schools, doctors)
- [ ] Declutter one room per week
- [ ]

4 weeks before

- [ ] Start packing rarely used rooms
- [ ] Label boxes: room + contents
- [ ] Book time off work for moving day
- [ ] Arrange child or pet care for the day
- [ ] Transfer or end internet and utilities
- [ ] Change address: bank, employer, insurance
- [ ]

6 weeks before

- [ ] Book the movers or rent a truck
- [ ] Order boxes, tape and markers
- [ ] Give notice to your landlord
- [ ] Sell or donate unwanted items
- [ ] Use up frozen food and pantry items
- [ ]

2 weeks before

- [ ] Submit mail forwarding (USPS)
- [ ] Update address: subscriptions, doctors
- [ ] Refill prescriptions
- [ ] Plan meals with what is left
- [ ] Confirm movers: date, time, address
- [ ]

Moving budget & notes

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Moving Checklist

The final week, moving day, and the first days in your new home.

1 week before

- [ ] Pack everything except essentials
- [ ] Pack an "open first" box
- [ ] Defrost and clean the fridge
- [ ] Take photos of the old place
- [ ] Withdraw some cash for tips and food
- [ ] Charge phones and power banks
- [ ]

After the move

- [ ] Unpack the "open first" box
- [ ] Check for damage, note it for the movers
- [ ] Change locks if possible
- [ ] Test smoke and CO detectors
- [ ] Update driver license and voter registration
- [ ] Meet the neighbors
- [ ]

Moving day

- [ ] Do a final walk-through of each room
- [ ] Check closets, cupboards and drawers
- [ ] Read the meters, take photos
- [ ] Hand over or leave the keys
- [ ] Check the inventory against the truck
- [ ]

"Open first" box

- [ ] Toilet paper, soap, towels
- [ ] Phone chargers
- [ ] Medications
- [ ] Snacks, water, paper plates
- [ ] Bedding for the first night
- [ ] Basic tools and box cutter
- [ ] Important documents

Important numbers: movers, landlord, utilities

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